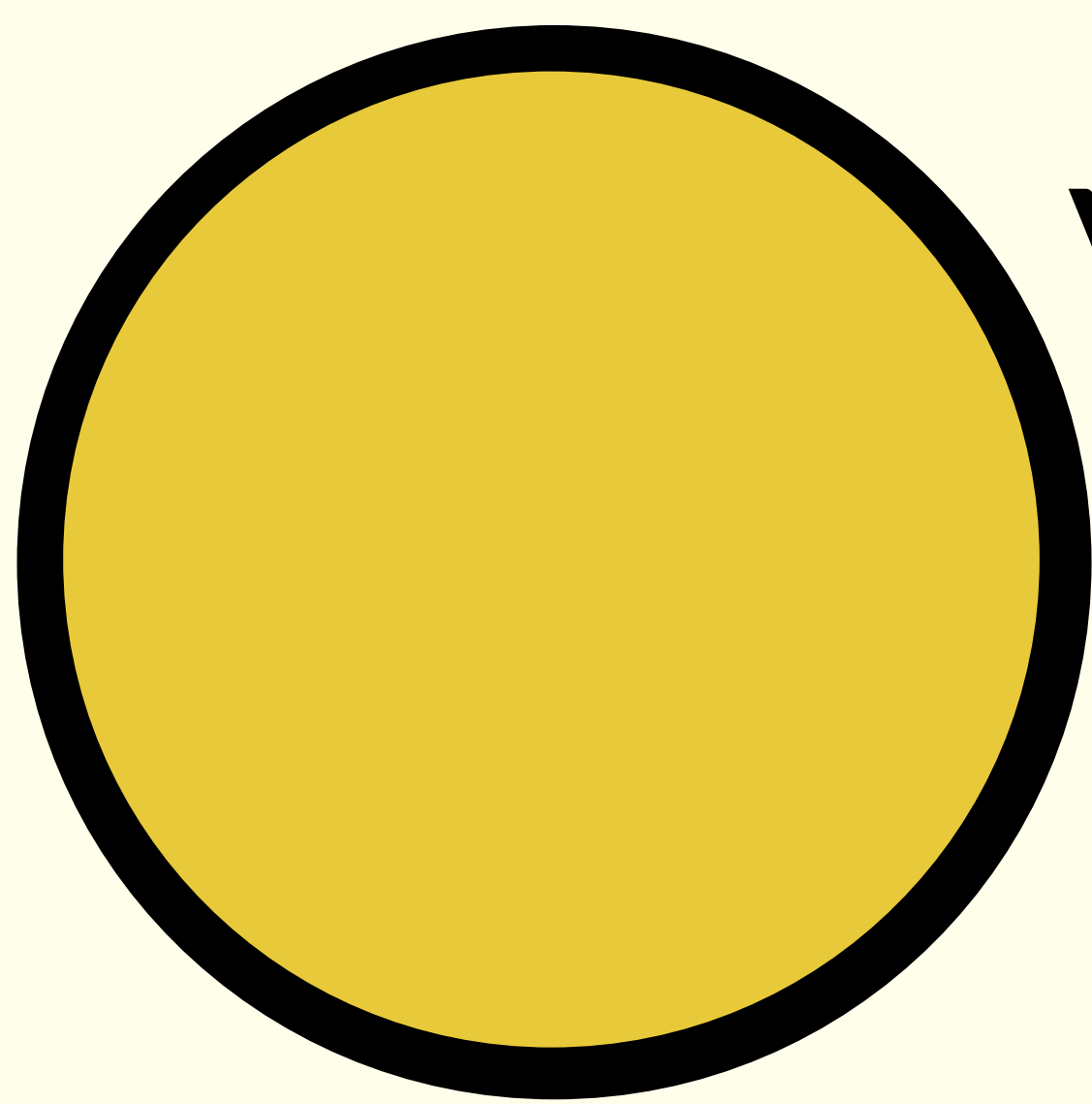


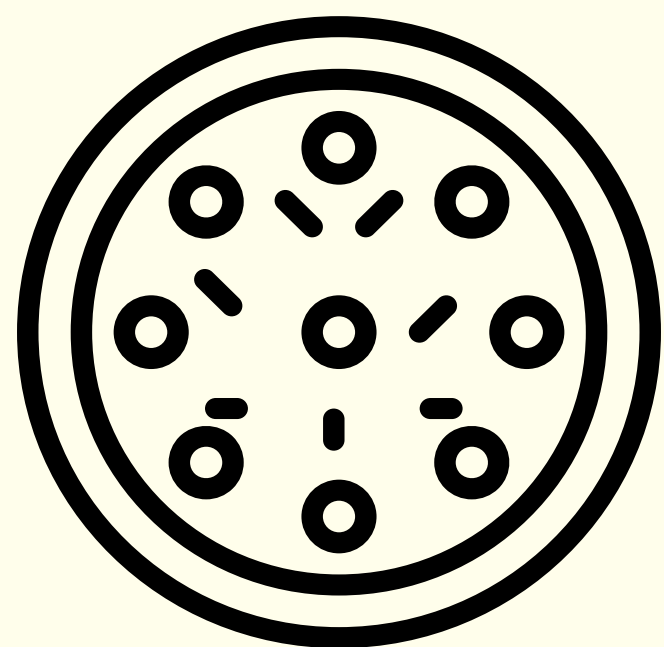
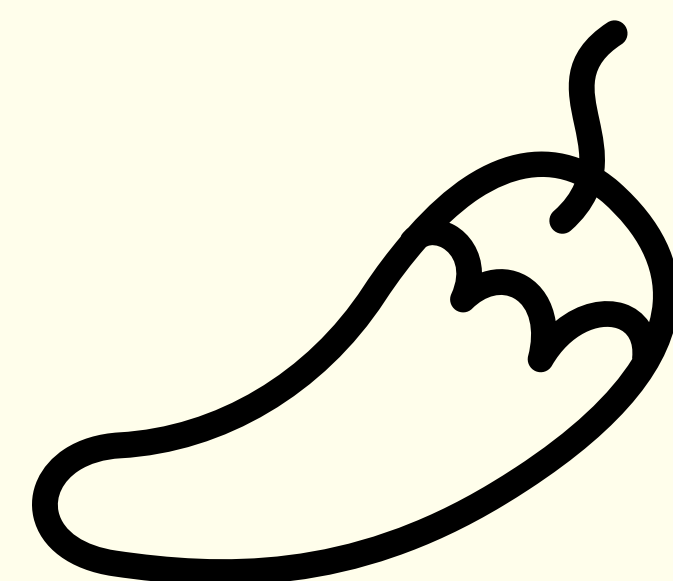
# S N A C K

*Toddler Snacks  
Making Some Fun with Good Nutrition*



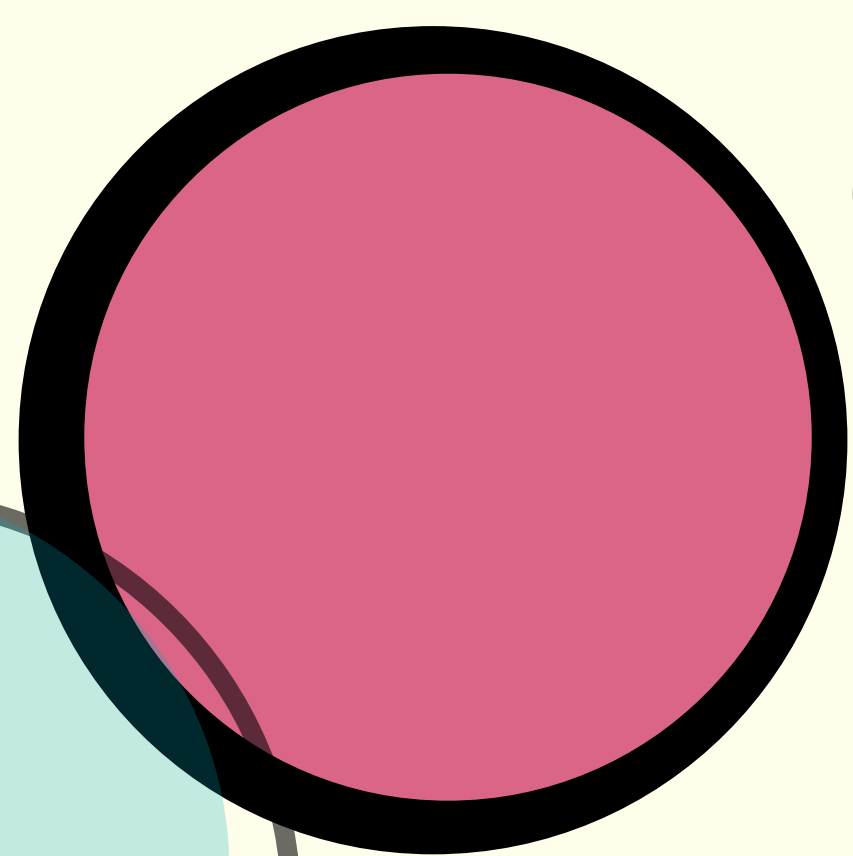
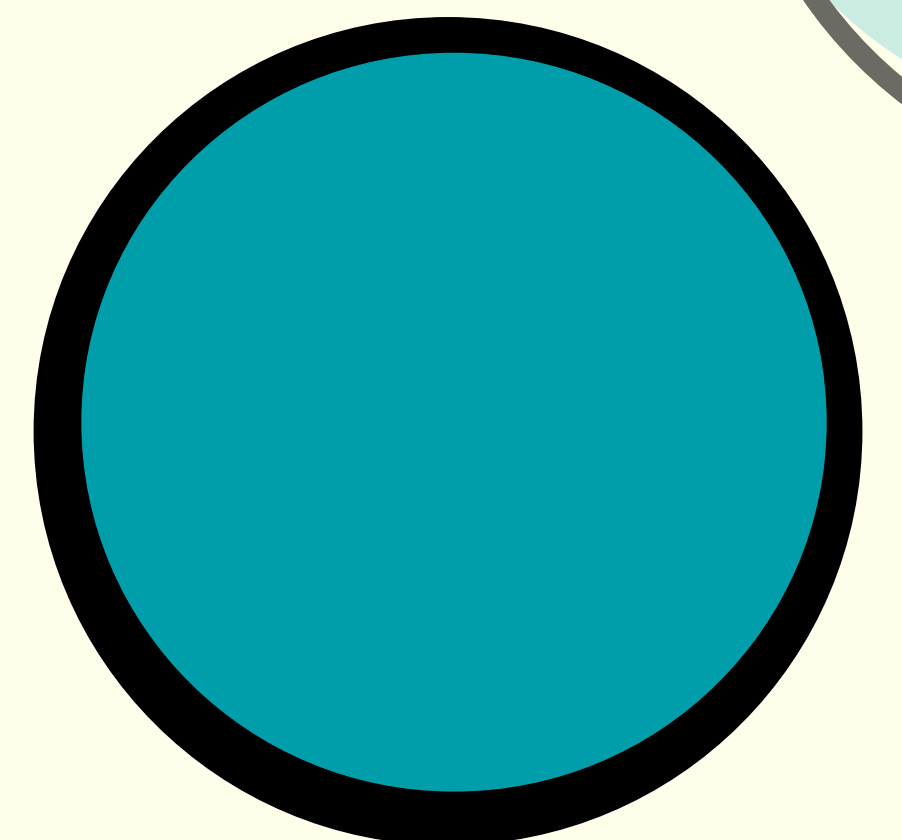
## Veggie Dippers

bright mini sweet pepper swimmers for dipping in a tasty hummus or guacamole pool



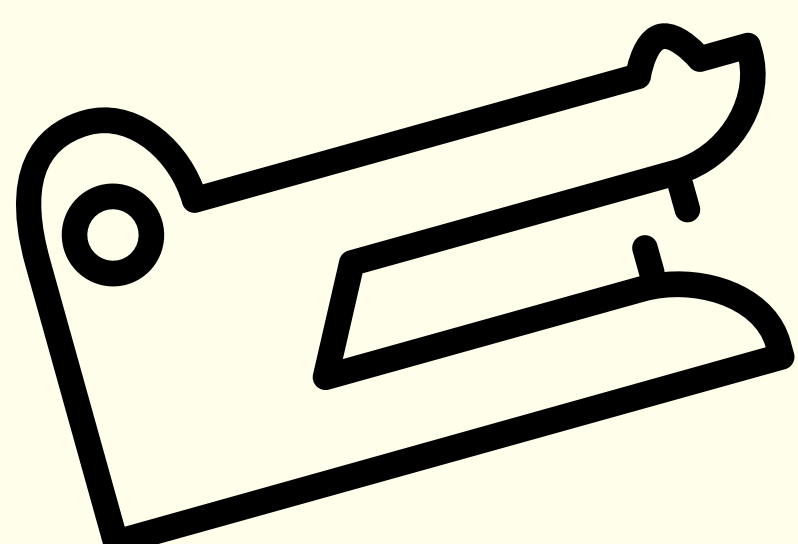
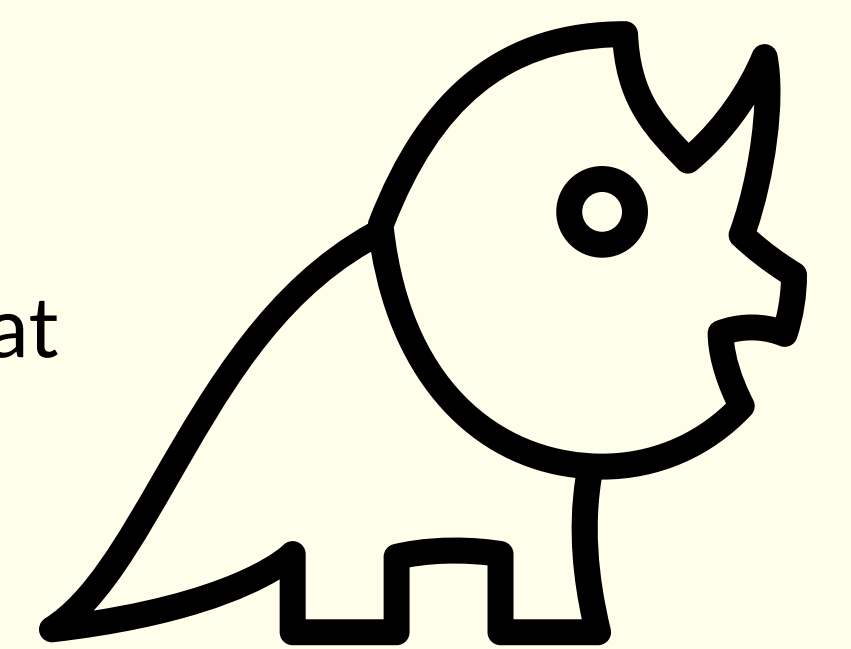
## Fruit Pizza

toasty whole grain waffle topped with low fat, low sugar, yogurt and colorful berries of choice (let your little one do the decorating)



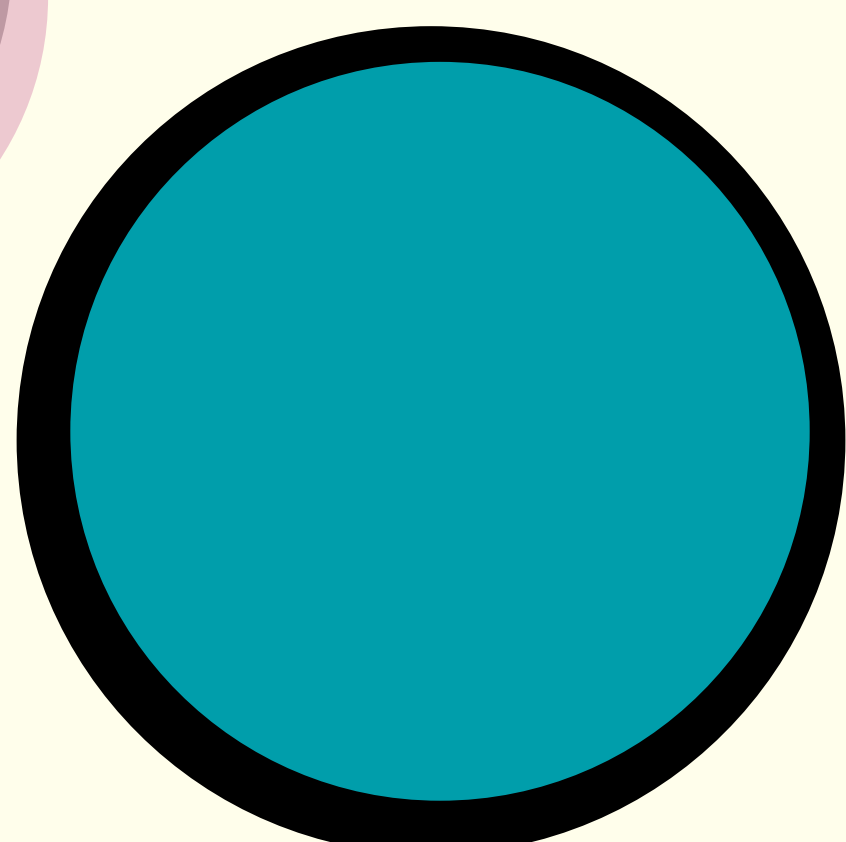
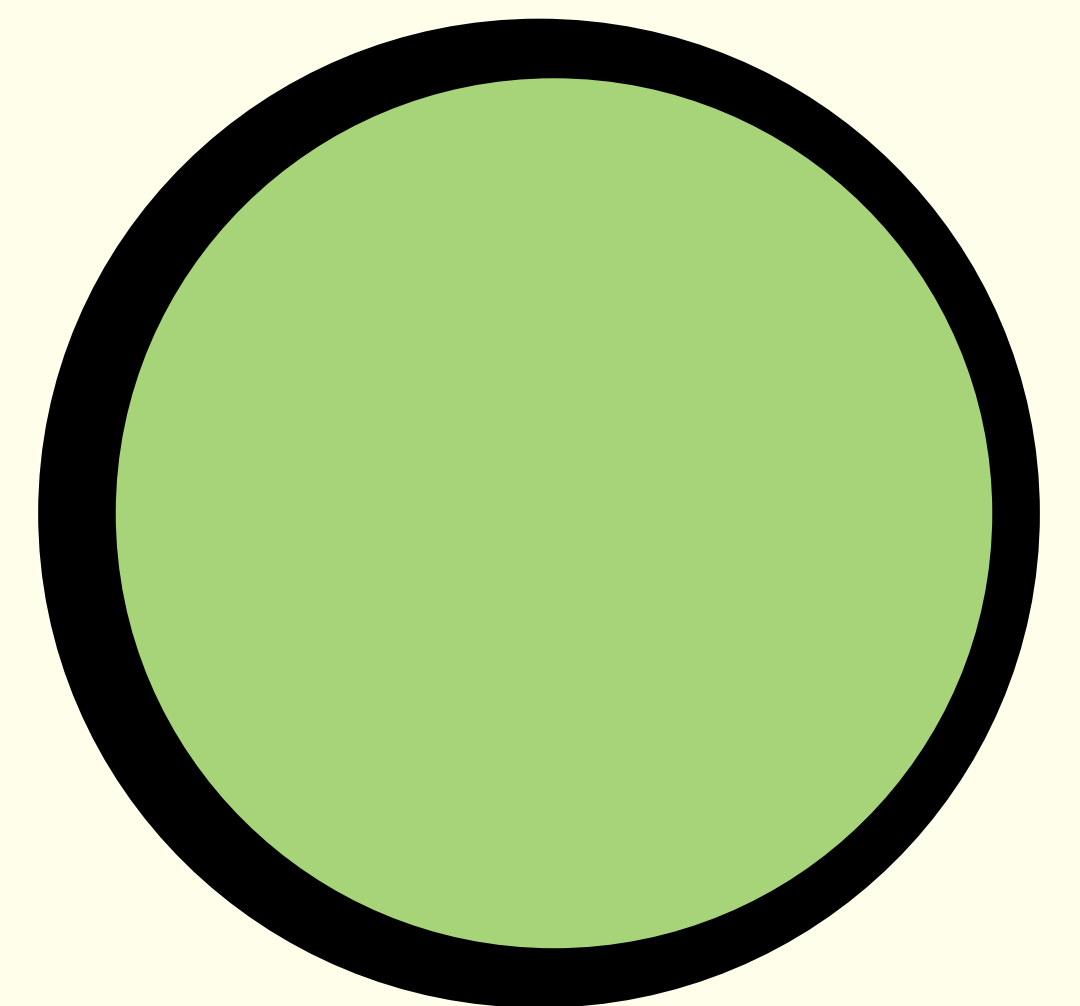
## Cucumber Dinosaurs

slice mini cucumbers into small half circles = cucumber dinosaurs that can stomp around the plate before a dip in some cottage cheese and landing right in their mouth - bonus if it comes with a "rawr!"



## Swamptastic Toast

mashed avocado on whole grain toast - delightfully swampy. Add a few pepper strip alligators and you've just won coolest snack of the day



## On the Go

Raisins, whole grain crackers, apple sauce or fruit and veggie squeezies, cheese sticks, homemade bran and fruit muffins, whole grain, low sugar, dry cereal, bananas or any fruit - it's all in how you pack it

